

MASHA Pathfinder

SAFE DRIVING

MASHA Resources

- Winter Driving Safety Package

How do you prepare your vehicle for a winter trip? What adjustments do you make to your driving when the roads are snowy or icy? What do you do if you go off the road or get stuck? MASHA's safety meeting package offers practical information to answer these questions and others. With leader's notes and powerpoint slides all on one CD, it's a handy refresher session for workers, whether they drive on the job or off. Information may be obtained by contacting Jean Chadbourn at 705. 474. 7233 x279 or jeanchadbourn@masha.on.ca

Internet Resources

- Canada Safety Council – Traffic Safety
<http://www.safety-council.org/info/traffic/traffic.htm>
- Driving at Work – Managing Work-Related Road Safety- Health and Safety Executive
<http://www.dft.gov.uk/roadsafety>
- Ministry of Transportation
<http://www.mto.gov.on.ca/english/safety>
- Motor Vehicle Safety Tip Sheets
<http://www.thsao.on.ca/motorvehicletips.html>
- Network of Employers for Traffic Safety
<http://www.trafficsafety.org>
- National Institute for Occupational Safety and Health
<http://www.cdc.gov/niosh/docs/2003-199>
- Ontario Road Safety Annual Reports
<http://www.mto.gov.on.ca/english/safety/orsar/>
- Royal Society for the Prevention of Accidents – Managing Occupational Road Risks
<http://www.rosipa.org.uk/roadsafety/index.htm>
- Tool Kit for Assessing and Managing Occupational Road Risk
<http://www.dft.gov.uk>
- Transport Canada – Road Safety in Canada – An Overview
<http://www.tc.gc.ca/roadsafety/stats/overview/2004/menu.htm>
- Working Safely Behind the Wheel – WCB Alberta Publication – SB0003-99
ISBN0-9685940-2-6
http://www.wcb.ab.ca/pdfs/driving_safely.pdf
- WSIB Prevention Reference – Road Safety
<http://www.wsib.on.ca/wsib/wsibsite.nsf/Public/referenceroadsafety>

Journals

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Caird, J K. and T J Kline. 2004. The relationships between organizational and individual variables to on-the-job driver accidents and accident-free kilometres. *Ergonomics* 47(15):1598-613

Philip, Pierre. 2005. Sleepiness of occupational drivers. *Industrial Health* 43(1):30-3, 2005 Jan.

Rajaratnam, S M. 2001. Legal issues of accidents caused by sleepiness. *Journal of Human Ergology* 30(1-2): 107-11

Stutts, Jane C., Wilkins, Jean W. Scott Osberg, J. Vaughn and V. Bradley. 2003. Driver risk factors for sleep-related crashes. *Accident Analysis and Prevention*. 35(3):321-31

Taylor, Adrian H. and Lisa Dorn. 2006. Stress, fatigue, health and risk of road traffic accidents among professional drivers: the contribution of physical inactivity. *Annual Review of Public Health* 27:371-91

Tepas, D I. 2001. Prevention of accidents by transportation shiftworkers. *Journal of Human Ergology* 30(1-2): 103-6